



# Grace Church of West Feliciana Parish

*"A loving congregation seeking unity with God and each other in Christ"*

## Newsletter

Aug. 25 and Sept. 1, 2019

(225) 635-4065-Office  
(225) 635-4410-Fax

## Rector

Vy Rev. Dr. Roman Roldan  
rector@gracechurchwfp.org

## Parish Administrator

Meg Kendrick  
administrator@gracechurchwfp.org

## Preschool

(225) 635-4030  
Lisa Foster  
preschool@gracechurchwfp.org

Alyssa Louis  
Stacy Loyacono

## Director of Music Ministries

Melvin E. Hale  
music@gracechurchwfp.org

## Coordinator of Family Ministries

Alyssa A. Louis  
youth@gracechurchwfp.org

## Vestry

Leslie Daniel  
Dr. Tom Flynn  
Zed Howell  
Kathy Kane  
Tommy Loyacono  
Drew Nordgren  
Dr. Pat Schneider  
Dr. Sue Steib  
David Treppendahl  
Missy Higgins, Treasurer  
treasurer@gracechurchwfp.org  
Stewart Hughes, Chancellor

## Website

www.gracechurchwfp.org

## *Transformation*

The Greek word *Metanoia* means lifestyle change that comes about as the result of spiritual conversion. The original Biblical meaning of the concept was "to change one's mind," and to "come to one's senses." The modern understanding incarnates a more fully-developed meaning. When we experience a spiritual conversion, we not only transform our minds, but we also transform our lives. Thinking and doing are deeply interwoven, and a transformed life shows the organic nexus between our thoughts and our actions

For centuries sages from many spiritual traditions have tried to teach the art of transformation to eager seekers. Some have emphasized asceticism and practices like fasting, physical deprivation, and even flagellation as the path to achieving transformation. Others have advocated social engagement or a preferential option for the marginalized and the poor as a way forward. Others have moved away from physical means, often called "works," to achieve transformation and have emphasized more internal or "spiritual" means such as meditation, mantra prayers, *Lectio Divina*, and other forms of worship.

Saints like Saint Francis of Assisi, St. John of the Cross, and St. Theresa of Avila and other mystics teach that the path of transformation can be found in surrender and the dying of self. Rather than running away from pain, sacrifice, and suffering, these mystics profoundly find God's presence at these dark moments. Moreover, the realization of God's loving and accepting presence in their lives at these times leads them to *Metanoia*.

Many modern theologians have done great work on what they call "surrender, self-emptying, and dying to self" as pathways to transformation. In many ways, this is what the Apostle Paul means in Second Corinthians when he says, "We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies."

There are events or seasons in our lives that threaten our faith in substantial ways. We feel abandoned by God, isolated from others, and enslaved by our circumstances or internal struggles with fear, anxiety, and depression. However, Paul reminds us that these afflictions don't have to crush us, these perplexing moments of doubt don't have to lead us to despair, these moments of spiritual or

physical persecution do not mean God has forsaken us, and even our illnesses and frailties do not have the power to destroy us. All these experiences can lead us to profound transformation. For Paul, it is the indwelling life of Jesus in us, which has the power to lead us into tremendous, life-changing, transformation. Surrendering to this indwelling life of the risen Christ in us is the path to a renewed mind, body, and spirit.

Beginning on Wednesday, September 18, at 10:30 am and at 6:00 pm, Grace's Adult Formation Committee will offer an exciting program called "TRANSFORMATION." Ellen Williams, will be our facilitator for the morning session and Fr. Roldan will facilitate the evening sessions. When asked to describe this six-week course, Ellen wrote the following, "The mystics of many spiritual traditions teach the path of descent—surrender, generative self-emptying, dying before you die—as the way of transformation. The pattern of down and up, loss and renewal, enslavement and liberation, exile and return is quite clear in the Hebrew Scriptures. We will use videos featuring Barbara Holmes, Brian McLaren, Richard Rohr, Barbara Brown Taylor, and Mirabai Starr, to facilitate discussions on how difficult and dark times that are often filled with pain and uncertainty can transform us all on both a personal and communal/societal level."

Please plan to join us and invite your friends. This study is by its very nature interdisciplinary and inter-denominational, which means that all are welcome, regardless of where they choose to spend Sunday mornings. It is Grace's fervent wish to become a center for physical, intellectual, and spiritual renewal for West Feliciana Parish. We already host a fantastic schedule of Yoga and Exercise programs on Tuesdays and Thursdays, which are open to all. We are also proud hosts of lectures, Bible studies, and symposiums that keep us intellectually engaged, regardless of age or denomination. This offering on TRANSFORMATION will add a spiritual component to these other programs.

Please call us if you would like more information about this course or any of our other offerings. May God continue to bless you, Fr. Roldan+

---

### ***Ministry Spotlight: Nursing Home Ministry***

**The Nursing Home Ministry** needs your help. Grace's Nursing Home Ministry is almost thirty years old, which means that we have celebrated Morning Prayer at the home since the early days of Fr. Ken Dimmick's rectorship. Unfortunately, we have lost some of our long-term volunteers to death or relocation and now we are in desperate need of new volunteers. We meet every Thursday for Morning Prayer at Grace Church at 9:15 am. After this, we drive together to the Nursing Home, where we visit the residents and celebrate a prayer service with them. This short visit is the only church exposure the residents get most weeks and they have come to expect it. Please think about joining us. If you have additional questions, please contact Fr. Roldan or Maria Gerry

### **Intercessory prayers are asked for Grace Church members who are ill:**

Kathy Anderson, Jack Anderson, Valerie Barnes, Carolyn Douglas, Neal Kelly, Jason Kennedy, Charlotte Maxwell, Tom Morris, Eric Nelson, Sara Nelson, Kay Tengler, Mary Thompson, Wendell Wade, Pam Willson, Jake Wray, Madeline Wright.

### **Birthdays**

Douglas Linwood Kendrick, IV, Thomas LaCroix-Aug. 26; George Silbernagel-Aug. 27; Charlie Schneider, Bobby Wilson-Aug. 28; Suzie Silbernagel-Aug. 29; Susan Willis-Aug. 30; Kyle Dunaway, Mary Jane Opperman-Aug. 31; Clayton Daniel-Sept. 1; Tony Horn-Sept. 3; Evelyn Ray Pollet-Sept. 5; James Kirschling, Susan Leake, David Beauchamp-Sept. 6; Marsha Dardenne, Chaille Lambert-Sept. 7

### **Wedding Anniversaries**

Charlie and Anne Murrell Locke Schneider Sept. 1  
Bob and Trish Toburen-Sept 5

Grace News & Upcoming Events

Other persons prayers are asked for:

Claiborne Arbutnot, Charles Barham, Walker Bell, Micaela Kell Bennett, Wayne Bergeron, Isabella Bertucci, Leslie Bickham, Luanne, Phillip Bowen, Ben Brown, Steve Brown, Mason Brudewick, Willie Bryant, Randy Bryant, Jenny Clark, Kitty Claus, Daryn Conrad, Rob Cox, Frances Woods Curry, Sandy Davenport, Kathleen Davis, Jessica DeLee, Debbie Desmar, Helen Desselles, Cathy Doslovic, Molly Douglas, Amy Dwyer, Mark Ellison, Jennifer Erickson, Ellen Ewald, Sara Fahey, Mark Feltner, Dennis Flynn, Matthew Gill, Jerry Green, Jim and Claire Hackney, Jane Hamilton, Roy Hardin, Parke Henderson, Wayne Hudnall, Joel James, Michelle Jean-sonne, Jill Joffrion, Henry Jones, Mary Jo Kaly, Cathy K., Mike Larisey, Jody Lemoine, Jessica Liddle, Max, Charlotte Mayeaux, Ralph McKenzie, Laine Martrain, Mary Anne McCrory, Ruby McKee, Cheryl Meaux, Robin Michel, Bill Miller, Jimmy Mitchell, Randall Nachman, Walter Oliveaux, Barton Platte, Elizabeth Poole, Susanna Prescott, Tammy Riggs, James and Sylvia Roach, Cole Rourke, Gwin Shanks, Kaizlyn Shockley, Rusty Snyder, Cade Stapleton, Angel Thompson, Roland Toups, Millie and Howard Varner, Deborah Vines, Emily Walz, Trey Watson, Den-nisia Williams, Deacon Zeke, Lynn Zinn.

Those serving in the armed forces:

Parker Blanche, Amanda Browning, Jay Christopher, Ryan Coacher, Carlile Cointment, John Davis, Joseph Dooley, Polly Finley, Bryan Geltz, Edward Jenkins, Laura Latson, Shawn Lemons, Terry Palmer, James Powers, Jeff Ragusa, Christopher Willis, Aaron Zuccaro, 745th & 746th Exped Squads, 379th & 926th Exped. Support Squads, 101st Airborne Division (Air Assault), 1st 222 Aviation Regiment.

**Newcomer Ladies Luncheon** on Saturday, August 24, from 11:00 to 2:00pm. Over the last ten years we have had Newcomers classes every year, many of which have included a meal. We are now thinking it would be very nice to have a Newcomers Ladies Luncheon for anyone who has joined the church over the last ten years, whether you have attended those classes or not. This luncheon will give an opportunity to graduates from various classes to meet other graduates. It will also be a great time for those who have not yet attended a Newcomers course to meet new members of Grace. Mr. and Mrs. Treppendahl have volunteered their wonderful home at 12285 Highway 965, St. Francisville, LA 70775. There will be a style show done by Grandmother's Buttons and Trends Boutique. We will have violin music by Matilda Fox-Smith. Catering will be provided by Linda Pruitt. We ask that you reserve a spot at the luncheon by texting Dixie Blue at (225) 931-5431 by no later than August 16th. All women of Grace Church are welcome to attend, but newcomers will be the honorees.

**The August book selection for our Seekers and Sages church book club is *A Man Called Ove* by Fredrik Backman.** Everyone is welcome to attend and bring a friend. The meeting and dinner will be 6 pm Tuesday, August 27th at The Treppendahl's home at 12285 Highway 965. Please email Coco at [cocotrepp@bellsouth.net](mailto:cocotrepp@bellsouth.net) to reserve your spot.

**Our Fall Bible Study topic will be Transformation.** The mystics of many spiritual traditions teach the path of descent—surrender, generative self-emptying, dying before you die—as the way of transformation. The pattern of down and up, loss and renewal, enslavement and liberation, exile and return is quite clear in the Hebrew Scriptures. We will use videos featuring Barbara Holmes, Brian McLaren, Richard Rohr, Barbara Brown Taylor, and Mirabai Starr, to facilitate discussions on how difficult and dark times that are often filled with pain and uncertainly can transform us all on both a personal and communal/societal level. Classes will be Wednesdays at 10:30 a.m. and 6 p.m. beginning September 18th, led by Fr. Roldan and Ellen Williams. Sign up sheets will be in the narthex.

**Youth Group is changing to 5:30 pm to 7:30 pm on Wednesdays.** With the start of a new school year, we are welcoming new students and new volunteers. If you are interested in serving with this amazing ministry or if you would like to prepare a delicious meal for our youth, please reach out to Alyssa—youth@gracechurchwfp.org or by phone 225-245-1385.

**Thank you to all who joined us** for the Feast of St. Mary the Virgin on Sunday the 18th. We had a nice turnout, delicious food, and enjoyed the fellowship.

Around the Diocese

**St. Margaret's Episcopal Church** is proud to partner with Flambée Café to bring you FRENCH FIRED FUNDRAISER FOR ST. ALBANS Tuesday, August 27, 5-9 PM Flambée Café - 8210 Village Plaza Court, Baton Rouge, LA 70810 • Dine in at Flambée Café and Byronz Restaurant Family will donate 20% of your check (food & soft drink only) to St Margaret's to support St. Alban's Chapel's Legacy Campaign • Can't dine in? Take a little Flambée to-go & Flambée will donate 10% of those sales as well. Reservations Recommended (225) 960-1100

**Mark your calendars—Junior High Rally** will be held at Solomon Episcopal Conference Center from Friday September 27th to Sunday, September 29th. This is open to all youth in 6th through 8th grades. More information about registration and theme will be released soon!

**Bowling with the Bishop** is Friday, October 4 from 7 - 9:30 p.m. Rock 'n' Bowl, 3016 S. Carrollton Ave, New Orleans. It is open to all youth in grades 6th - 12th. Cost is \$25 per person (includes bowling and food and soda/water) to be paid at the door. Scholarship assistance is available from both Grace and the Diocese. For more information, contact the Rev. Jane-Allison Wiggin-Nettles, Diocesan Youth Coordinator, [jwigginnettles@edola.org](mailto:jwigginnettles@edola.org) or Alyssa at [youth@gracechurchwfp.org](mailto:youth@gracechurchwfp.org).

**Grace Church**  
of West Feliciana Parish  
P.O. Box 28  
St. Francisville LA 70775

*Address Service Requested*

Non-Profit Organization  
U.S. Postage Paid  
Permit No. 14  
St. Francisville LA 70775

## Sunday Ministry Assistants & Calendar

### Sunday August 25, 2019

**Acolytes:** Grant Rome, Crew Rome, John B. Klein,  
Colt Rome

**Chalice bearers:** 7:30 a.m.: Bryan McClendon  
10 a.m.: Maria Gerry, Sara Klein

**Ushers:** Shannon Pollet, Joe Savell

**Lectors:** Will Plettinger, Donna Wright

**Vestry Rep:** Leslie Daniel

**Altar Guild:** Team 1

**Children's Church:** Lisa Foster

**Altar Flowers:** Pat and Ronnie Martin

**Sanctuary Candle:** Richard and Meg Kendrick

**Coffee Hour:** Edward and Leslie Daniel

**Babysitters:** Emma Olsen, Austin Roldan

### Sunday September 1, 2019

**Acolytes:** R. E. Barrow, Lilly Higgins, Baus Fin,  
Lena Fin

**Chalice bearers:** 7:30 a.m.: Lucie Butler  
10 a.m.: Rucker Leake, Drew Nordgren

**Ushers:** Dwight Singer, Kelly Ward

**Lectors:** Dr. Landon Anderson, Dixie Blue

**Vestry Rep:** Dr. Tom Flynn

**Children's Church:** Alyssa Louis

**Altar Guild:** Team 2

**Altar Flowers:** Dare and Belton Didier

**Sanctuary Candle:** Mary Woodyear

**Coffee Hour:** Bob and Trish Toburen, Sue Steib

**Babysitters:** Grant Rome, Shiloh Felton

### August 25, 2018

7:30am - Holy Eucharist

8:45 a.m. Bible Study

10:00am - Holy Eucharist

Coffee Hour

### September 1, 2019

7:30am - Holy Eucharist

8:45 a.m. Bible Study

10:00am - Holy Eucharist

Coffee Hour

### Wednesday, August 28

5 - 7pm - Youth Group

5:15pm - Eucharist

### Thursday, August 29

9:15am - Morning Prayer

10:00am - Worship: SF Country Manor

### Friday, August 30

7:00am - Eucharist

8:30am - Lectionary Bible Study

### Sunday, September 1

7:30am - Eucharist

8:45am - Bible Study

10:00am - Eucharist

### Wednesday, September 4

5 - 7pm - Youth Group

5:15pm - Eucharist

### Thursday, September 5

9:15am - Morning Prayer

10:00am - Worship: SF Country Manor

### Friday, September 6

7:00am - Eucharist

8:30am - Lectionary Bible Study